Finding Clarity

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Cover Page Footnote
Selected for the Poetry Bend prize.

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*** Finding Clarity

Searching for a master to
hold my thoughts captive
feeble attempts at concrete concentration
smoke swirled notions are floating fugitive
evading my scrambling neurons
Certainty is Atlantis, adrift
in vastly blue fantasy
confusion is my abnormal custom
cognition interrupted by already
forgotten thoughts from the future
reluctant to accept the sly persuasion,
distorted by a convoluted lie machine.
Its engine run by my absurd anxiety,
pumping ambiguous oil, clogging my
gullible ears, combusting flammable fears
vertigo whispers of uninspired dreams
my chaotic head hijacked by vile themes
Seared against the inner walls of my
skull are brutish cave paintings—
a haunting masterpiece of psychotic graffiti.

Utterly desperate for rest

It comes in a sobering breath;
HE is my anchor, linking head & heart,
grounding them in buoyant truth.

Cody Schweickert