

December 2008

## See Me

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### Recommended Citation

Dillon, Lynn (2008) "See Me," *Verbum*: Vol. 6 : Iss. 1 , Article 4.  
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See Me

## **See Me**

Look me in the face.  
Look at me today.  
See how I've replaced  
the mask of yesterday.

Look me in the eyes.  
Look at me tomorrow.  
Now you realize  
all these masks are borrowed.

Look me in the heart.  
Look at me now.  
The mask set apart  
my true Self I allow

To be seen as a whole.  
My mind, my body, my soul.

*Lynn Dillon*