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Meditation Chapel

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Meditation Chapel



Faculty Flowers

Meditation Chapel

An airport, and a chapel for meditation.
I enter the holy space and sit in silence.
In a corner a burning candle in a red glass
Above the Eucharistic Presence an icon.

A vase sits on a pedestal – a bouquet
Of dark pink stargazers, beyond it a banner.
An altar at center sided by two candlesticks;
No flame flickers, nothing breaks stillness.

Now one, now two footsteps alight here,
A man kneels in silent conversation;
A cell phone rings with loud music and, Hi, Joe!

Time slowly moves the hands of this clock,
I feel my heart beat a word of thanks and joy.
A sign beside me reads, No Shoes in This Area.

Michael Costanzo