awakening

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finding myself in a darkened café
l lapsing into my role
of silent observer
nursing a mocha latte and
cradling my worn copy
of *One*;

i slip into my own state of amalgamated oneness

t these words
falling from the lips of those around me
have passed through mine as well.

feeling as if
my wholeness depends
upon my conscious acceptance
of my reflection
peering at me in the eyes
of a stranger;

i realize i am only one
and yet i am many.

i see myself fleetingly
in the eyes of a child my
innocence reflected in the
wide eyes of youth.

i find myself lingering
in the deep pools
of cataract infested eyes
immersed in the wisdom bred
by years of living.

i hear my song
as it is sung by the ocean’s
age old rhythm
of ebb and
flow.
i feel my own lifeblood echoing in my ear as I rest my head upon your weary chest.

i know myself when I find myself in others;

i come to realize a solitary existence is a desolate journey through perilous land;

i begin to fear futility more than rejection.

with precise deliberation i force myself to lift my eyes from these words that have become my refuge to focus them on the foggy uncertainty lying before me.

i slip into my own state of inclusive distinctiveness

my lips begin to form the words which comprise conversation.

feeling as if my wholeness depends upon my participation in this life i am living;

realizing i am many and yet i am only one.