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Alone ...

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Cover Page Footnote

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LYNN-MARIE BOVA

Alone.
It's the worst feeling
to be alone.
An overwhelming force rushes over me.
Alone.
It owns me, it runs me, it took my soul.
No matter where I am, what I'm doing, or who I'm with
I'm alone.
I tried so hard to break free from this emptiness
and yet
I'm still alone.
I reach out to you but you're not there,
I'm not there
nobody's out there
to hear my cry.
I scream, I cry, but it's only a whisper
in the corners of my mind.

And then I look out and I see
myself
sitting, waiting to join me.
My soul is there and it's smiling, it's happy,
and it's in love.
It's in love with me.
All I have to do is go to it
Go to it, collect it, and call it my own.
If I can just grab on
Grab on to myself
I will no longer be alone.

Never again will I let my soul break
free from me.
Never again will I let this world
own me.
My emotions are mine -
they don't need to be explained.

I have found myself
and I am no longer
alone.